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## PRE-OP INSTRUCTIONS

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1. Do not eat or drink anything after midnight the night before your surgery, including water, coffee, gum or mints. If you do eat your surgery will need to be rescheduled.
2. Notify our surgery scheduler immediately if you become ill prior to surgery – call 913-236-1135.

Do not take medications listed below **7-10 days prior to surgery** unless instructed otherwise by the anesthesiologist or the doctor who put you on that medication.

- Ibuprofen
- Aspirin
- Blood thinners – Contact your doctor who put you on this medication before you stop taking the medication.
- Herbs
- Vitamins and vitamins with herbs.

3. Do not wear jewelry or makeup. Leave all valuables at home.
4. You will be given a time to be at the hospital. PLEASE BE ON TIME! Refer to the email from our surgery scheduler.
6. The hospital will call you about a week before your surgery to set up a pre-op appointment. The hospital will review your health history and perform necessary blood work at this appointment. You can call the surgery facility and make this appointment if you would like. Please refer to the email from our surgery scheduler for information on the facility where your procedure is scheduled. If you do not need blood work before you go in, that area will be marked out.
7. Wear comfortable clothing that you can easily wear home after surgery.
8. If your employer requires FMLA papers to be filled out you must contact the surgery scheduler. Call her at 913-236-1135 to get paperwork completed. There is a \$25.00 fee for paperwork to be completed. Please follow these instructions so your paperwork can be completed within a week, otherwise your papers could take longer to complete.

**NOTE:** If these instructions differ from what you were told, please follow your physician's instructions.